## APPENDIX 5: DEMAND FOR HEALTH AND FITNESS 2037 SHROPSHIRE COUNCIL: INDOOR LEISURE FACILITIES STRATEGY- NEEDS ASSESSMENT

## Demand Assessment Table - Health and Fitness Facilities (Shropshire Council ) 2015 Source: ONS 2012 sub national population projections

Calculation used to calculate demand

Total population 15+

2037 111,888 Number of potential members/users of health and fitness clubs

2037 12.1% 13,538

2 above shown as % of total adult population 1. above

Average user attends 1.5 times per week or six times per month number of visits per week

Number of visits per week in peak times = 65% of total number of visits Number of visits in one hour of peak time = total visits during peak time /34

2037
20,308
13,200
388

A total number of 334 stations would be required to cater for the predicted demand by potential members/users of any health and fitness facility

2037 demand for Health and Fitness Facilities

388

**Current Supply** 

511 **Current Surplus / Deficit in supply**  123 Surplus

The model is based on the premise that for the supply to be sufficient, it must be large enough to cater for the maximum demand at any one time. Maximum demand is described as the demand during a peak hour session

Penetration of fitness users is defined using the FIA 2012 Parameters

The average health and fitness session is one hour 65% of use is during peak times